

REQUEST TRANSPORT 1-888-421-4228

LifeFlight provides services 24/7/365 everywhere in Maine and New England

When should you call **LIFEFLIGHT?**

When to call for an emergency scene response

- Time-critical illness or injury
- Ground transport to a regional trauma or medical center is more than 30 minutes
- Prolonged extrication (more than 15 minutes)
- Remote location or location inaccessible by ground (i.e. mountains, woodlands, recreational trails)
- Transport logistics are complex (i.e. islands)
- Off-road accident
- Fatalities in the same incident
- Specialized equipment or procedures are needed (i.e. blood or advanced airway management)
- Patients with blunt, penetrating or burn trauma who meet state EMS criteria in Trauma Triage Protocol

General Criteria for Critical Care Transport

- The patient requires critical care life support (monitoring, personnel, medications, equipment) during transport
- The patient's clinical condition requires that the time spent out of the hospital environment (in transport mode) be as short as possible
- The potential for delays or road conditions which may be associated with ground transport is likely to worsen the patient's clinical status
- The patient is located in an area which is inaccessible to regular ground EMS
- The use of local ground transport team would leave the local area without adequate EMS coverage

Medical Equipment and Management

- Advanced cardiac, stroke and trauma care
- Advanced airway placement
- Multi-mode ventilators (all ages)
- Blood and ICU medications
- Invasive cardiac and neurological monitoring
 - invasive (arterial line) and non-invasive blood pressure monitoring
 - central line hemodynamic monitoring
 - continuous SPO2 monitoring
 - in-line EtCO2 monitoring
 - ICP monitoring capabilities
 - fetal monitoring capabilities
- IV pumps (6 or more channels)
- Pacemaker capabilities
- i-STAT (portable laboratory / ABG and hemogram)
- Ultrasound
- Transport isolettes for premature and newborn infants
- Intra-aortic balloon pumps / LVADs
- ECMO

LifeFlight dispatches the closest team by air or ground to patients needing time-critical care.

LifeFlight teams are comprised of a critical care nurse and a critical care paramedic with advanced standing orders and 24-hour physician medical oversight for complex resuscitation and management of all ages (newborns, pediatrics, adults) and types (illness or injury) of patients

HELICOPTER



GROUND



AIRPLANE






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What to report

- Agency name, contact person, phone number
- Scene specifics:
 - mechanism of injury or illness
 - patient's gender, approximate age, weight and patient condition
 - physical address of location; Delorme map page and grid; landmarks
 - latitude/longitude or GPS coordinates (if able)
 - radio frequency and unit number of incident commander or landing zone contact (LifeFlight of Maine defaults to State Fire for communications)

Small Circles: **20 minutes**
Medium Circles: **40 minutes**
Large Circles: **60 minutes**

-  Bangor-based helicopter
-  Lewiston-based helicopter
-  Sanford-based helicopter
- Towns with hospitals

What's the plan for the landing zone

- Scene
- Preplanned
- Modified scene at hospital
- Rendezvous at airport

Types of activation

- **Stand By:** Responders are enroute to the scene and feel they may need air medical response. This decreases LifeFlight's response time by having the crew prepare the medical supplies while the pilot prepares for lift off. Lift off does not occur unless requested to launch. If the scene is more than 25 nm, LifeFlight will lift off and relocate to the closest approved helipad or airport.
- **Auto Launch or STAT Launch:** Initial scene information meets criteria for a transfer to a tertiary facility that is more than 30 minutes away. In this case, the closest team will launch to the area of the scene and await information on the closest landing site.

