

# DISPATCHES



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## WINTER 2022

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LifeFlight Foundation

Cover Photo by Mike Reyno Vertical Magazine



# TWO YEARS IN: ADAPTING TO A COVID-19 WORLD

**Since our first COVID transport on March 17, 2020, LifeFlight of Maine has transported over 4,700 patients. More than 38% of those patients are known or presumed to be COVID-positive.**

As LifeFlight enters the third winter grappling with the COVID-19 pandemic, the importance of our mission is more evident now than ever before. The incredibly infectious nature of the disease, especially for our elderly and vulnerable populations, combined with the rapid and sustained onset in the US and Maine, has differentiated this experience from any health event we have seen in our lifetimes.

For the past two years, LifeFlight's primary goals have been to treat and safely transport the most critically ill COVID patients while keeping our medical and flight teams healthy so they can continue to care for all patients. In addition to providing medical care, we also continue to research and share best practices for treating COVID-19 patients with our partners throughout Maine and beyond. This research has included regular updates to our clinical guidelines and practice standards that evolve with new science almost daily.

LifeFlight clinical crews have played a vital role in the pandemic response, utilizing an expanded scope of practice, and applying their highly specialized critical care skills. With the increased need for pulmonary care, LifeFlight crews have leveraged their already extensive experience managing ventilators. LifeFlight medical crews also work with our hospital partners to transport patients on extracorporeal membrane oxygenation (ECMO), an essential treatment for some COVID patients. The LifeFlight team will fully integrate a perfusionist from the sending facility into our crew when transporting a patient on ECMO. The specialist operates the equipment, while the LifeFlight crew provides other elements of care, working together to safely and effectively manage the patient's transport to a new facility.

We have also made significant investments in new technologies—increasing our ability to treat COVID patients while decreasing our clinical teams' and receiving hospitals' exposure to the virus. **Thanks to generous donors, the Foundation supported the purchase of new Hamilton ventilators which have provided increased functionality.** In a short time, these new tools have proved tremendously valuable to the crew and patients.

# Patient Profile:

## Caroline Lunn

On April 8, 2020, Presque Isle resident Anne Lunn was 33 weeks pregnant and not feeling quite right. Three months prior, at her 20-week ultrasound, Anne and her husband Steve found out they would have a baby girl. The baby was diagnosed with Down syndrome and a complete atrioventricular septal defect. The Lunnns worked with NICU physician Dr. Hagerty and developed a plan to deliver the baby at NLH Eastern Maine Medical Center at 39 weeks via c-section. From there, baby Caroline would be moved immediately to the NICU, where her heart condition could be monitored. If Anne went into labor early, the plan was to drive to Bangor either by private vehicle or ambulance.

With six weeks to go before her planned delivery, Anne was checked by a local doctor who determined that she was having contractions. She was allowed to return home as long as the pain was manageable and did not progress. Later that evening, Anne's contractions and pain had intensified significantly, so her 16-year-old daughter brought her to A.R. Gould Hospital where she learned she was in active labor. Anne's contractions were strong, and she was too far into labor to travel to Bangor. The medical team developed a new plan; Anne would deliver in Presque Isle, and LifeFlight would transport Caroline to EMMC.



Caroline, Anne, and Steve Lunn

Anne recalls, "When I heard that LifeFlight had arrived, I stopped panicking and breathed more easily because I knew my baby would be okay." Caroline had an eight-week stay in the NICU at EMMC, but due to the pandemic, they were allowed to have very few visitors. Anne fondly remembers Christina, her NICU nurse from the transport, visiting and providing reassurance and kindness that helped them through this challenging experience. Caroline was discharged and lived at home for several months before traveling to Boston Children's Hospital, where she underwent successful heart surgery. Caroline is now thriving and doing remarkably well, meeting all her milestones with the help of PT and OT.

Our statewide educational and training programs, including the LifeFlight Critical Care Academy, have been adapted for a virtual environment and complemented by the installation of remote-learning simulation labs at each of our three bases. These labs allow state-of-the-art medical education and simulation for LifeFlight crews and our EMS and health care colleagues around the state. While the skills and standards taught through these programs have not fundamentally changed, we are constantly adjusting and adapting how we're teaching and achieving those standards. *For more information about these educational and training topics, please see the story on page 4.*

The number of COVID-19 patient transports continues to increase due to the Delta, and now Omicron, variants. Metrics like the number of available ICU beds, once monitored only by organizations like LifeFlight and our hospital partners, are now tracked daily by the news media and followed by thousands around the state. The increase in hospitalizations due to COVID—and the corresponding decrease in available intensive care beds in Maine—means that LifeFlight now transports patients to hospitals in New Hampshire, Massachusetts, Connecticut, and beyond. Transports to distant hospitals beyond Maine's borders mean substantially increased time in the air, impacting turnaround time to new patients back here in Maine as well as increased flight hours on our aircraft.

While LifeFlight does not have an active role in managing hospital or ICU beds, we do provide vital assistance to those in hospital transfer centers and to physicians making calls to find available beds for their patient. The people transported LifeFlight are some of the sickest in the state. The speed and high level of care that our teams and aircraft provide can make a crucial difference when taking a critically ill patient from one facility to another.

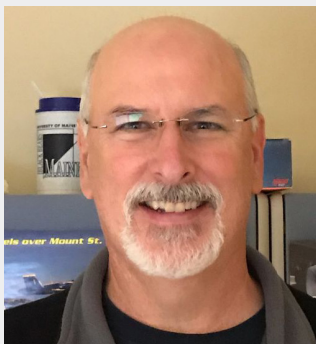
**Continued on Page 9 ►**



# LEARNING WITH LIFEFLIGHT

**Educational programs play a crucial role in LifeFlight of Maine's ability to train the crew and our efforts to improve the skills of EMS providers across the entire system.** The curriculum includes reviewing actual patient experiences, online and classroom instruction, and simulation training. These trainings incorporate the most current treatments, tools, and skills required to care for Maine's most critically ill. Whether onboarding LifeFlight orientees, continuing to develop the skills of longtime LifeFlight crewmembers, or beginning a relationship with a new clinician who is years away from joining the organization, our education and training efforts are at the very core of our ability to care for the people of Maine.

As the state's entire healthcare system continues to navigate the COVID-19 pandemic, LifeFlight is increasingly called to assist with additional advanced critical care training for smaller community hospital staff. Patient bed availability and management continue to be a serious issue across the state. As a result, community hospitals are keeping critical patients longer than expected, requiring local staff to care for patients who would usually be transferred to a major medical center. Rural hospitals in Washington and Penobscot counties have made requests to LifeFlight for advanced critical care and ventilator training so they can continue to care for these critically ill patients safely.



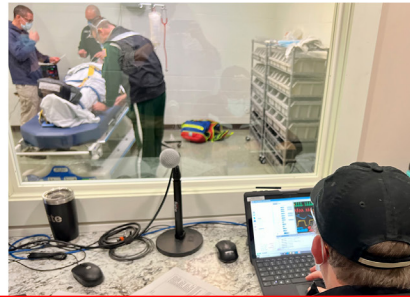
**Steve Babin joined LifeFlight in the fall of 2021 as the Senior Clinical Educator** and is leading the development of both the internal education program and statewide outreach programs. Steve was one of LifeFlight's original flight nurses and rejoined the organization after teaching and developing simulation programs at Husson University. He then created the simulation program for Northern Light Eastern Maine Medical Center's clinical education department.

Working closely with Director of Clinical Operations Chuck Hogan, Steve manages and provides strategic insight for the LifeFlight education program, ensuring our team's knowledge and best practice competence that is required to care for our critically ill and injured patients.

The LifeFlight crew's expanded scope of practice necessitates a far greater level of training than other types of clinical positions. Due to the unique complexity of the patient care that LifeFlight provides, the training scenarios that the orientees experience will often be the first time they are facing that particular intervention or challenge. Since LifeFlight medical crews typically include one nurse and one paramedic, every member of the team trains diligently to maximize the effectiveness and safety of the patient care they can provide through the close partnership model. This relationship also requires both partners to collectively and correctly apply critical thinking skills as part of a fast-moving decision-making process.

**The nature of providing critical care in a 30 ft<sup>2</sup> space, while flying 160 knots at an elevation of 1,500 feet, presents a unique set of challenges.** In addition to medical training, our clinical staff also receive extensive aviation training, giving them the skills to remain safe while flying or on the ground. To maximize the speed of our aircraft, the crews operate in a very small cabin forcing them to use the space and resources at hand as efficiently as possible. While these skills and comfort in an aircraft environment eventually come more naturally, there is a period of adaptation for a clinician used to a hospital or even a ground ambulance.

LifeFlight medical crew members have various backgrounds, but many come to the organization from EMS care in busy 911 systems or from critical care units at larger medical centers. Most of the crew transfer from other positions and providers within the state, but some move to Maine for the opportunity to work at LifeFlight. New crew members join LifeFlight for an orientation that typically lasts six to eight months, depending on the background and skills that each orientee possesses. Orientation is divided into three phases, focusing on assessment, equipment, and finally, the ability to work independently with a partner. Orientees pass through the phases after completing the required objectives and a simulated intervention.



*Paramedic Brent Melvin, and nurses Tom Gutow, Nate Barrett, and Andrew Hughes conduct a simulation training in the Bangor Savings Bank Simulation and Learning Lab.*

One of the key components of LifeFlight’s internal and external education program is simulation. The LifeFlight Foundation received a generous gift from the Bangor Savings Bank Foundation to create simulation labs at each of the three bases in Bangor, Lewiston, and Sanford; construction is nearly complete on these state-of-the-art facilities. Patient headwalls—compressors that simulate oxygen and medical airflow—and vital signs monitors were the last key pieces to be installed in the labs to create a real-life emergency room setting. The simulation recording platform captures live video, audio, and vital sign monitor data so medical providers and proctors can debrief a simulation and conduct a real-time review of how various interventions affect patient care. The completion of the labs ensures that nurses and paramedics from LifeFlight and across Maine can engage in a realistic and immersive patient care experience, similar to what they will encounter in a helicopter, hospital, or other EMS setting. A grand opening for the Bangor Savings Bank Simulation and Learning Labs is tentatively planned for spring 2022.

In November 2021, LifeFlight held its latest Critical Care Academy (CCA). Twelve participants, including six LifeFlight orientees and six external participants, completed 19 days of academy training at several locations throughout Maine. The CCA continues to be a valuable method of identifying future LifeFlight crew members while educating our partners in EMS around the state. This Academy would not have been possible without the collaboration from partners, including staff at Northern Light Eastern Maine Medical Center, Central Maine Medical Center, Maine Medical Center, Mid Coast Hospital, Augusta Fire Department, Gorham Public Safety, Brunswick Fire Department, Rockland Fire Department, and Central Lincoln County EMS. Academy topics included various disease processes, treatment modalities, specialty populations (pediatrics, neonatal, and high-risk obstetrics), and operational aspects of critical care transport. Initial plans for another Critical Care Academy with our Aroostook County partners are underway for the spring of 2022.

## LifeFlight Crew At A Glance

24	Nurses	14	Helicopter Pilots
24	Paramedics	8	Airplane Pilots
7	CommSpecs	8	Aviation Maintenance Technicians

*38% of LifeFlight aviation and clinical crew have served in one of the branches of the military.*

**LifeFlight is just one link in the chain of survival and remains committed to partnering with first responders, paramedics, emergency room nurses and physicians, and specialists at regional healthcare centers as we continue to navigate the current health crisis.**





Mike + Claire Sasner



Erin Sandler



Sue Ferra + Samantha Winston



Wes + Heather Rogers



Team Chewonki

# CROSS FOR LIFEFLIGHT

**Immense courage and truly inspiring** come to mind when we think about KC Ford and her friends on Team Chewonki swimming and paddling around Muscongus Bay to raise money for LifeFlight. Their activity honors the courage that KC summoned when she spent a harrowing hour clinging to wreckage after the small plane she was in crashed into the ocean off Matinicus Island. She was picked up by fishermen, and then taken by LifeFlight to CMMC in Lewiston.

**Courage** is what seven-year-old Wes Rogers needed to complete a swim with his mother Heather in Megunticook Lake, and then to kayak by her side while she swam 3 miles around Fang Island.

**Courage** is what motivated Founder's Prize winner Claire Sasner to meet her goal of hiking all 26 peaks in Acadia, even though she was not a hiker. Claire said that her Cross was empowering as it "helped her realize that she can do hard things." She remembers this every time she hears the LifeFlight helicopter land behind her house in the ballfield in Bar Harbor.

**Courage** is what inspired the mother-daughter team of Sue Ferra and Samantha Winston to rent a camper van and head out West for a 10-day adventure across four states and four national parks, hiking 70 miles to complete their epic adventure.

And **courage** was what Scarborough paramedic Erin Sandler summoned as she set out to pedal 110 miles by bike, the same distance LifeFlight transported her brother Matthew before he succumbed to his injuries, exactly one year prior. Erin went on to ride over 500 miles and thanked us for the opportunity to honor her brother, calling her ride "the most humbling journey of her life."

Those are just a few of the inspiring stories that were shared by the 153 amazing Cross For LifeFlight participants who traversed more than 2,700 miles on land and water in the month of August. **Together with the help of 1,800 donors and 17 sponsors, they raised \$356,000 as part of our Complete The Fleet campaign.**

Originally created as the Islesboro Crossing, what was once a swim across Penobscot Bay had to be modified in 2020 due to the pandemic, and was intentionally reimagined this past year as something completely different. The 2021 Cross for LifeFlight enabled us to develop a strong model and foundation from which we can improve and expand. We're confident that this is the optimal path forward to both increase awareness about LifeFlight and raise the critical funds we need. And we appreciate how the event aligns with the LifeFlight mission and story—statewide, team-based, and inclusive.

# Participant Profile: Team 10

## Top fundraising team raises more than \$54,000!

At the top of the 2021 Cross for LifeFlight fundraising pack was Camden-based Team Ten, which led the way by raising more than \$54,000! Team Ten members include Wade Smith, Tori Bathgate, Jason Davenport, Philomena Fritz, Matthew Heath, Eve Marden, Ema Nicholas, Nathan Perkins, Heather and Wes Rogers, and Blake Stewart. Team Ten remained active throughout the summer, completing their Crossing by swimming in ten different lakes, walking 50 miles, running 75 miles, participating in 3-mile swims, a quadrathlon, and even rollerblading.

Wade Smith, team captain, and longtime LifeFlight of Maine champion, explained the drive behind his team’s extraordinary Cross for LifeFlight efforts this year. “Team Ten members have many reasons why we Cross, although we share one common focus – helping LifeFlight complete the fleet so they can better serve the people in this great state,” said Smith.



Photos courtesy of Team 10

“We believe in teamwork because we know that it takes every single fundraiser to bring the community together and make this event the huge success it is. The funds we raise range from personal gifts from our team members (including piggy banks), donations from friends and family, as well as sponsorships from hundreds of small businesses up and down the coast. We are extremely grateful for the overwhelming contributions, and we thank LifeFlight of Maine for all that they do.”

In keeping with a “LifeFlight Of Maine” theme, last year’s event featured a wide range of prizes from various Maine-based craftspeople and companies, many of which were generously donated. A new elite fundraising club, Peak Performers, was developed to recognize those participants who raised \$3,500 or more; in its inaugural year, 29 participants reached this level and joined the club!

The 2022 Cross For LifeFlight will again take place throughout the month of August and is designed to provide the maximum flexibility and autonomy that so many of you value. But we also recognize that the fun and energy of being together for an in-person, synchronous event is powerful. That’s why we are spending the month of January exploring some possible in-person, one-day event options as part of the month-long Cross. We will keep you posted and hope to have more information to share by late February.

Since its inception, the Cross for LifeFlight has become one of LifeFlight of Maine’s most important fundraisers, and we count on people like YOU to join us.

By coming together for the past nine years, participants have raised more than \$2 million to upgrade and standardize LifeFlight’s fleet of helicopters, purchase the specialized equipment needed on board, and fund essential clinical education and training programs across the state.

Whether you love to challenge yourself or want to create a memorable experience with friends, family, or coworkers, the Cross for LifeFlight is open to everyone and every activity—hiking, cycling, swimming, kayaking, running, sailing, and more! To learn more about the event, including sponsorship, partnership, or participation, please visit the event website at [crossforlifeflight.org](http://crossforlifeflight.org) or contact the Director of Annual Giving, Ashley MacMillan, at 207.300.5832.







LifeFlight AMT Dan Richards performs scheduled maintenance on Echo Mike.

# INTRODUCING LIFEFLIGHT AVIATION SERVICES

2023 will mark the 25th anniversary of LifeFlight of Maine, and in this time, we have partnered with eight different vendors to manage our aviation operations. This Spring, **LifeFlight will take an ambitious step forward with the creation of an independent subsidiary, LifeFlight Aviation Services.** This new organization will provide increased long-term stability for our aviation operations, allow us to continue to develop an even safer and more efficient aviation program, and create new jobs here in Maine.

While LifeFlight owns its helicopters and airplane and has complete oversight of the medical end of the operation, the aircraft maintenance, and the employment, hiring, and managing of our pilots and aviation maintenance staff have historically been handled by third-party contractors. This arrangement has also meant that LifeFlight has not held its own air carrier certificate with the FAA.

The steady consolidation of aviation companies in the air medical sector has meant that we have partnered with a number of air carriers over the years. Each transition to a new contractor is costly and disruptive for the aviation staff. In 2013, faced with yet another consolidation, LifeFlight began investigating the option of developing an internal aviation program like those at other high-functioning nonprofit air medical organizations like the Mayo Clinic, Intermountain Healthcare, The LifeFlight Network, and Boston MedFlight. While we postponed the decision to transition to our own aviation operation eight years ago, we are now taking the next step in our organizational evolution and **creating a Maine-based company that understands our state’s unique geography and demographics.**

The core goals of LifeFlight Aviation Services are:

- Increasing the overall efficiency and safety of aviation operations.
- Improving pilot and maintenance training.
- Providing a more stable employment structure for the aviation staff.
- Developing new and improving existing aviation infrastructure to support LifeFlight and increasing general aviation safety around Maine.
- Utilizing local knowledge of aviation in Maine to support the mission of LifeFlight.

In the past two years, LifeFlight has assembled a small internal team with decades of combined aviation experience in Maine and beyond. This team is tasked with managing the lengthy and complicated process of developing an internal aviation operation and moving to our own FAA Part 135 air carrier certificate. The LFAS leadership team includes the following long-time LifeFlight crewmembers: Director of Aviation Services, Josh Dickson; Director of Operations, Dave Burr; Chief Pilot, Pete Cartmell; and Chief Inspector, Brian Burt.

The LifeFlight Steering Committee (comprised of leaders from Northern Light Health, Central Maine Healthcare, and the LifeFlight Foundation) voted to implement the new aviation company, and the transition is being financed internally. The preliminary program development work with the FAA has been completed, with full certification anticipated in the first quarter of 2022.

This change is one of the most significant organizational milestones for LifeFlight of Maine. It will help ensure our ability to continue to safely and effectively serve the people of this state. **For Maine, from Maine, across Maine. LifeFlight OF Maine.**



# Patient Profile:

## Howard Brown

On the night of June 8, 2020, Howard Brown was riding his motorcycle home from work through Waterville. As he came to a cross street at a slow speed, he saw another vehicle approaching. But that driver was intoxicated and did not stop, veering into Howard's lane, clipping his motorcycle, and throwing him 20 feet into a ditch on the side of the road. When Howard came to a stop, he counted his blessings that he had not hit anything hard. However, when he went to stand, he could not get to his feet and quickly realized that he needed medical attention to treat his leg.

Howard eventually convinced the driver who hit him to call 911, and then asked him to create a tourniquet with his belt to help stem the bleeding from his leg, which had suffered a near-total amputation just above the knee. As the first EMTs arrived, they took one look and immediately made the call for LifeFlight. Howard was taken to Inland Medical Center, where he was met by the LifeFlight helicopter from Sanford with Pilot Kevin Beaulieu and Flight Nurses Lori Metayer and Mike McDonough on board.

Upon hearing the helicopter approach, Howard remembers thinking that the aircraft felt like a godsend. He was grateful for the opportunity to see his wife at the hospital before he departed to tell her how much he loved her. At this point, Howard had lost quite a bit of blood, and the LifeFlight team continued the resuscitation with an immediate transfusion on board the helicopter. LifeFlight is the only EMS service allowed to initiate blood and plasma therapies and has carried blood since inception.



*Howard Brown and his wife celebrate the 1-year anniversary of his accident and LifeFlight transport.*

Howard recalls the kind care, support, and attention he was given on his quick trip to EMMC, where his leg was eventually amputated. Howard is doing well today, learning to walk with a prosthetic, and appreciating every day he spends with his wife. He was touched that the LifeFlight crew stopped by the restaurant where he worked to check on him after the incident, commenting, "It's not just a job to them, it's a life."

### ► Continued from Page 3: Learning to Live in a COVID-19 World

In addition to transporting patients with COVID, LifeFlight encounters myriad secondary impacts of the pandemic: patients in complete cardiopulmonary failure from drug overdoses, more victims of domestic violence, and more premature births, to name a few. In the past several months, we have also seen increasing numbers of patients with pulmonary failure who are suspected to have incurred long-term lung scarring injury due to a previous case of COVID. This is in addition to the care we continue to provide to patients with cardiac events, strokes, sepsis, motor vehicle crashes, and the host of other diseases and emergencies needing LifeFlight's response.

As we think back to our very first COVID transport in March of 2020, we recognize and appreciate the peaks and valleys that we have experienced since that time, adapting and learning to live with COVID-19 as best we can. Looking ahead, we sincerely hope that the Omicron variant is the first sign of an attenuating virus and of a less severe disease in the future.



Photo by Jessica Lecaptain



Photo by Pilot Karl Hatlemark



## SEARCHING FOR THE LIGHT IN A DARK YEAR

The reach and relevance of LifeFlight of Maine's mission are more evident than ever before. We continue to safely care for those who are critically ill with COVID-19, while also transporting patients of all ages—from premature infants, to critically injured young adults, to adults who need specialty cardiac care. **The calls for help come from all points in Maine**—from the mountains to the lakes and coastal islands, from highways, trails, main streets, and, importantly, from hospital to hospital.

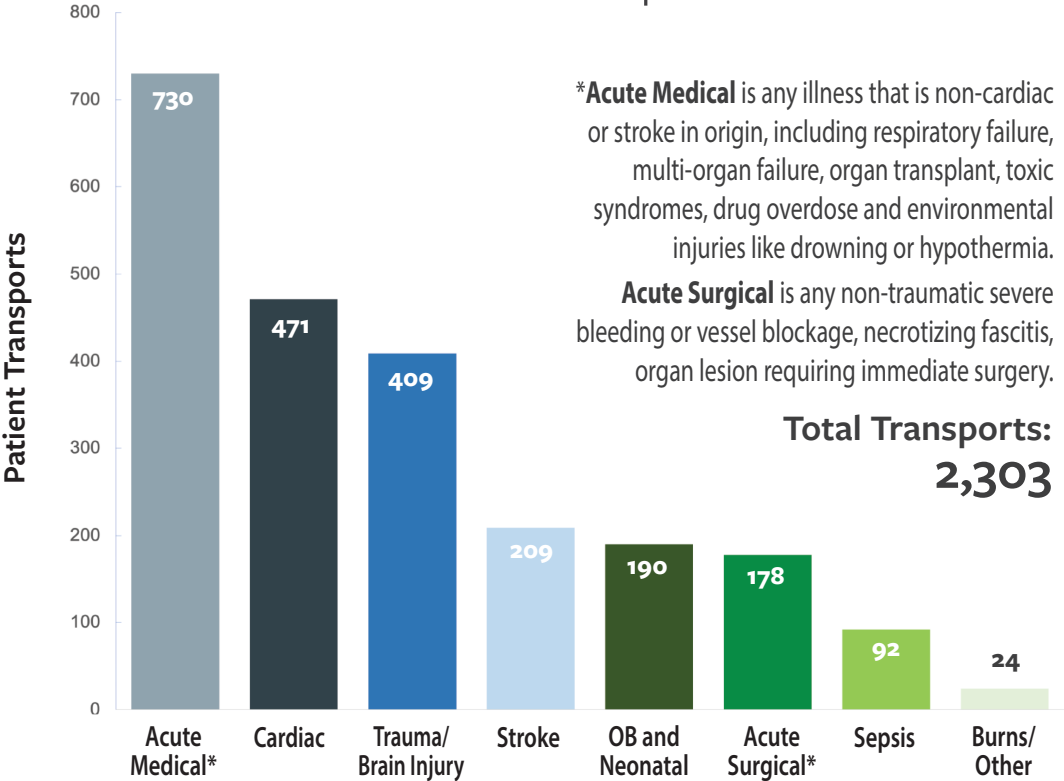
While our hearts are heavy for the losses that so many have endured in the past year, we want to celebrate all our partners in EMS, our hospitals, law enforcement agencies, and everyone who continues to be there on the front line with us. **LifeFlight is just one part of an extensive network of statewide public safety partners.** When all these organizations work together as one team, the system can collectively provide the safest and most effective care for patients across the state.

**We are also grateful for the support of our donors,** including individuals, foundations, communities, hospitals, businesses, and so many other organizations around the state. Their support allows LifeFlight to operate and maintain a safe, fast, and reliable fleet; provide critical care education to our team and partners around the state; upgrade and replace our advanced medical equipment; and enhance the aviation infrastructure used by LifeFlight and aviators around the state.

Most importantly, we want to thank the LifeFlight medical, aviation, and support crews. They work tirelessly 24/7/365, **caring for the people of Maine with extraordinary compassion, clinical acumen, and a fierce dedication to service.** Since 1998, LifeFlight of Maine teams have cared for more than 33,000 patients, and in the past year, have transported an average of six patients every day.

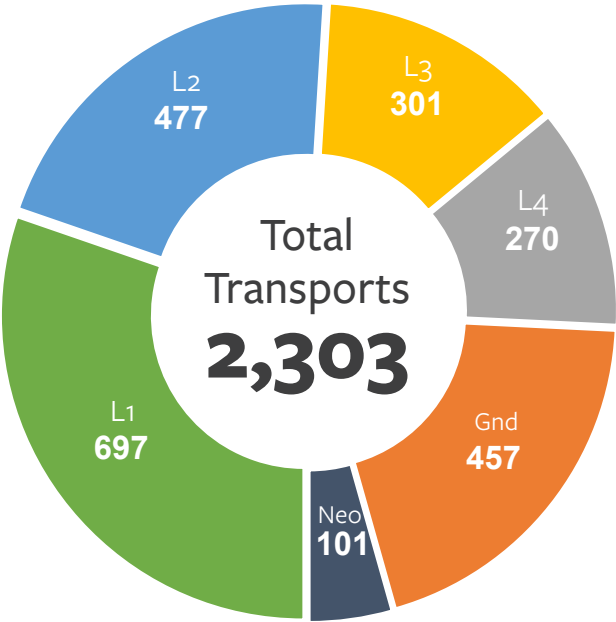
# WHO WE HELP

Reasons for Transport in FY21



# HOW WE GET THERE

Transports by Vehicle Type



- L1 Helicopter (Bangor)
- L2 Helicopter (Lewiston)
- L3 Airplane (Bangor)
- L4 Helicopter (Sanford)
- Ground Vehicle
- Neonatal Unit



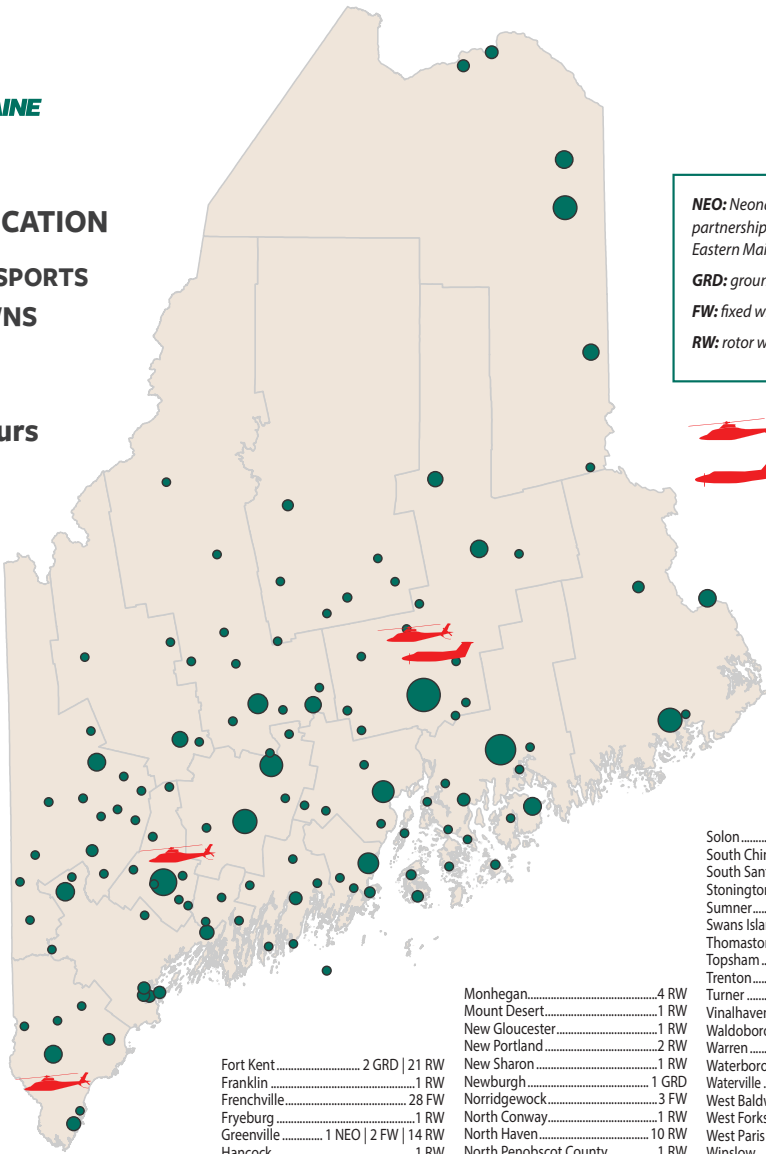
# WHERE WE GO



## FY 2021 TRANSPORTS BY LOCATION

2,303 TOTAL TRANSPORTS  
136 MAINE TOWNS

1 transport  
every 4 hours



**NEO:** Neonatal transports in partnership with Northern Light Eastern Maine Medical Center NICU team  
**GRD:** ground transports  
**FW:** fixed wing (airplane) transports  
**RW:** rotor wing (helicopter) transports



Plus 83 transports from 18 towns in New Hampshire, Vermont, and Massachusetts

Abbot.....	1 RW
Acton.....	1 GRD   2 FW
Auburn.....	3 FW
Augusta...11 NEO   13 GRD   3 FW   73 RW	
Avon.....	4 RW
Bangor.....5 NEO   29 GRD   75 FW   49 RW	
Bar Harbor.....1 NEO   20 GRD   39 RW	
Beddington.....	1 RW
Belfast...9 NEO   13 GRD   1 FW   62 RW	
Bethel.....	3 RW
Bethem.....	1 RW
Biddeford.....	12 GRD   9 RW
Bingham.....	1 RW
Blue Hill.....	10 GRD   17 RW
Boothbay Harbor.....	1 RW
Bowdoinham.....	1 RW
Bradford.....	1 RW
Bridgton.....1 NEO   13 GRD   50 RW	
Brooklin.....	1 RW
Brooks.....	1 RW
Brownfield.....	1 RW
Brownville.....	1 RW
Brunswick...1 NEO   6 GRD   3 FW   28 RW	

Bryant Pond.....	3 RW
Buckfield.....	3 RW
Calais.....	14 GRD   44 RW
Canaan.....	1 RW
Canton.....	1 RW
Cape Neddick.....	1 GRD
Caribou...3 NEO   3 GRD   32 FW   21 RW	
Carrabassett.....	1 RW
Castine.....	1 RW
Central Aroostook County.....	1 GRD
Clinton.....	1 RW
Damariscotta.....	28 RW
Danforth.....	2 RW
Dixfield.....	1 RW
Dover-Foxcroft...11 NEO   37 GRD   50 RW	
Dresden.....	1 RW
East Hancock County.....	1 RW
East Machias.....	1 RW
Edgington.....	1 RW
Ellsworth...26 NEO   36 GRD   77 RW	
Exeter.....	1 RW
Fairfield.....	1 RW
Farmington.....	7 GRD   40 RW

Fort Kent.....	2 GRD   21 RW
Franklin.....	1 RW
Frenchville.....	28 FW
Fryeburg.....	1 RW
Greenville.....1 NEO   2 FW   14 RW	
Hancock.....	1 RW
Harmony.....	1 RW
Harborside.....	1 RW
Harrison.....	1 RW
Holden.....	1 RW
Hollis Center.....	1 RW
Houlton....4 NEO   9 GRD   18 FW   19 RW	
Islesboro.....	2 RW
Jackman.....	1 GRD
Jefferson.....	1 RW
Kingfield.....	1 RW
Lagrange.....	1 RW
Lee.....	1 RW
Lewiston.....1 NEO   58 GRD   57 RW	
Liberty.....	1 RW
Limerick.....	1 RW
Lincoln.....	15 GRD   43 RW
Lincolnton.....	1 RW
Lisbon.....	1 GRD
Livemore Falls.....	2 GRD
Lovell.....	1 RW
Lyman.....	1 GRD
Machias....1 NEO   3 GRD   5 FW   35 RW	
Milford.....	1 RW
Millinocket.....5 GRD   7 FW   14 RW	
Milo.....	1 RW
Minot.....	1 RW

Monhegan.....	4 RW
Mount Desert.....	1 RW
New Gloucester.....	1 RW
New Portland.....	2 RW
New Sharon.....	1 RW
Newburgh.....	1 GRD
Norridgewock.....	3 FW
North Conway.....	1 RW
North Haven.....	10 RW
North Penobscot County.....	1 RW
North Waterford.....	1 RW
North Piscataquis County.....	1 RW
Northern Somerset County.....	1 RW
Northern Washington County.....	1 RW
Northwest Aroostook County.....	1 RW
Norway.....	1 GRD   21 RW
Osborn.....	1 RW
Owls Head.....	14 FW   1 RW
Oxford.....	1 GRD   1 RW
Palermo.....	1 RW
Palmyra.....	1 RW
Penobscot.....	1 GRD
Peru.....	1 RW
Pittsfield.....	14 GRD   37 RW
Portland.....	4 GRD   8 FW   13 RW
Presque Isle.....1 NEO   68 FW   29 RW	
Princeton.....	18 FW   2 RW
Rangely.....	1 RW
Rockport.....	7 GRD   71 RW
Roxbury.....	1 RW
Rumford.....	17 GRD   43 RW
Sabattus.....	1 GRD   1 RW
Sanford.....	26 GRD   2 FW   32 RW
Sangerville.....	1 GRD
Sargentville.....	1 GRD
Skowhegan.....4 NEO   8 GRD   61 RW	

Solon.....	1 RW
South China.....	1 RW
South Sanford.....	1 GRD
Stonington.....	3 RW
Summer.....	2 GRD
Swans Island.....	6 RW
Thomaston.....	1 RW
Topsham.....	1 RW
Trenton.....	1 GRD   4 FW   3 RW
Turner.....	3 GRD
Vinalhaven.....	20 RW
Waldoboro.....	2 RW
Warren.....	2 RW
Waterboro.....	1 RW
Waterville...12 NEO   22 GRD   2 FW   55 RW	
West Baldwin.....	1 RW
West Forks.....	2 RW
West Paris.....	1 RW
Winslow.....	1 RW
Winthrop.....	2 RW
Woolwich.....	2 RW

### NEW HAMPSHIRE

Berlin.....	2 FW
Dover.....	8 RW
Errol.....	1 RW
Fryeburg.....	1 FW
Laconia.....	2 RW
Lancaster.....	1 RW
Littleton.....	1 RW
North Hampton.....	1 RW
North Conway.....	1 GRD   35 RW
Plymouth.....	3 RW
Portsmouth.....	2 RW
Rochester.....	3 RW
Wolfeboro.....	11 RW

### MASSACHUSETTS

Bedford.....	1 FW
Boston.....	1 NEO
Nantucket.....	6 FW
Vineyard Haven.....	2 FW

### VERMONT

South Burlington.....	1 FW
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# OUTREACH & TRAINING

Our statewide mission, combined with our unique clinical skill set, mean LifeFlight can invest in our communities through training and education.

Clinical  
Trainings

10

EVENTS

including Pediatrics on the Edge,  
AEMT skills review, EMS &  
pediatrics simulations, and  
respiratory therapists trainings

Ground Safety and Remote  
Landing Zone Training

14

EVENTS

around the state and  
online virtual events

360

PEOPLE TRAINED

including firefighters, paramedics,  
and search and rescue

Red Cross  
Partnership

3

BLOOD DRIVES

100+

UNITS DONATED

## LEADERSHIP

### LifeFlight Foundation Board of Trustees

**Dan Daigneault** (*Chair*)  
Former CEO, The First National Bank

**Zachary Brandwein** (*Vice Chair*)  
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**Diane Danielson**  
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**Kate O'Halloran** (*Ex Officio*)  
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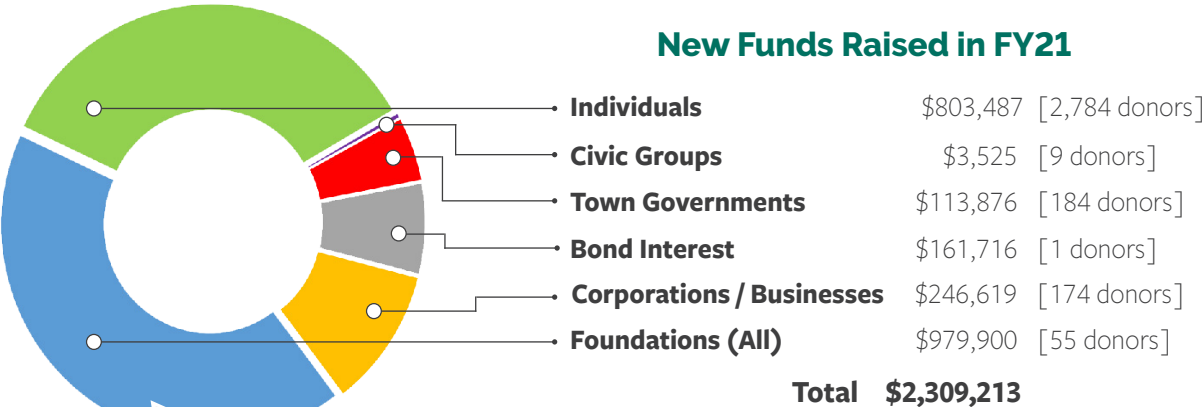
# STATEWIDE SUPPORT

Every gift we receive is an important confirmation of your belief in the LifeFlight mission.

So the next time you see or hear one of our helicopters in the skies above Maine, we hope you take great pride in knowing that your gift matters. You’ve done your part to help care for the people of Maine. Thank you!

For a complete list of donors, please visit: [lifeflightmaine.org/donors](https://lifeflightmaine.org/donors)

## New Funds Raised in FY21



## Giving by Foundation Type



The LifeFlight Foundation defines a personal foundation as one that includes gifts from a specific individual or family. A corporate foundation is affiliated with a corporation or business. All others are considered an independent foundation.

## Last year, 184 towns supported LifeFlight of Maine for a total of \$113,876.

Abbot	Bryant Pond	China	Guilford	Moose River	Masardis	Orland
Acton	Bucksport	Clifton	Willimantic	Jonesboro	Matinicus	Orrington
Allagash	Bucksport	Columbia Falls	Hamlin	Jonesport	Mattawamkeag	Osborn
Alna	Byron	Cooper	Harmony	Kennebunkport	Maxfield	Otis
Andover	Calais	Cornish	Harpswell	Knox	Medford	Otisfield
Anson	Camden	Crawford	Hartford	Lamoine	Milford	Palermo
Appleton	Canaan	Deblois	Hebron	Lebanon	Millinocket	Palmyra
Athens	Canton	Deer Isle	Hollis Center	Liberty	Monhegan	Parsonsfield
Aurora	Caratunk	Denmark	Houlton	Limerick	Monmouth	Passadumkeag
Beddington	Carrabassett	Detroit	Houlton	Lincolnvile	Monticello	Pembroke
Belfast	Valley	Dover Foxcroft	Edinburg	Linneus	Montville	Perham
Blue Hill	Carthage	Dresden	Howland	Livermore Falls	Moscow	Phippsburg
Boothbay	Casco	Eastbrook	Hudson	Long Island	Mount Chase	Pittston
Bremen	Caswell	Embden	Island Falls	Lubec	Mount Vernon	Plymouth
Bridgton	Charleston	Exeter	Isle Au Haut	Machias	Newburgh	Portage Lake
Bristol	Chebeague	Freedom, NH	Islesboro	Madawaska	Newry	Porter
Brooklin	Island	Freedom	Islesford	Manchester	North Yarmouth	Prospect
Brooksville	Chester	Frenchville	Jackman	Mariaville	Northeast Harbor	Prospect Harbor



THE LIFEFLIGHT FOUNDATION

July 1, 2020 - June 30, 2021

Foundation Revenue

Contributions and grants	\$2,309,213	[74%]
Payroll Support from LifeFlight of Maine	\$652,098	[21%]
Other Revenue, Net	\$144,235	[5%]
TOTAL REVENUE	\$3,105,546	

Foundation Expenses

FOUNDATION OPERATION EXPENSES		
Salaries, benefits and taxes	\$652,098	[28%]
Professional fees, net of refunds	\$120,197	[5%]
Publications and mailings	\$106,316	[5%]
Other, net of refunds	\$76,718	[3%]
Occupancy cost	\$54,678	[2%]
Conferences and meetings	\$32,861	[1%]
Insurance and licenses	\$31,647	[1%]
Depreciation	\$1,029	[<1%]
SUB TOTAL	\$1,075,544	
SUPPORT FROM FOUNDATION TO LIFEFLIGHT OF MAINE		
Education & Safety	\$502,430	[21%]
LifeFlight of Maine Facilities Support	\$450,000	[19%]
Medical Equipment	\$169,925	[7%]
COVID-19 Support	\$102,858	[4%]
Aircraft Maintenance & Repair	\$55,500	[2%]
SUB TOTAL	\$1,280,713	
TOTAL EXPENSES	\$2,356,257	

LIFEFLIGHT OF MAINE

July 1, 2020 - June 30, 2021

Operating Revenue

Gross Patient Revenue	\$35,474,542	
Discounted, Medicare, MaineCare, Contracts	(\$17,912,155)	
Care for Those Unable to Pay / Free Care	(\$2,229,230)	
Net Patient Revenue	\$15,333,157	[88%]
Payroll Protection Loan	\$1,352,900	[8%]
Contributions from LifeFlight Foundation*	\$670,666	[4%]
Other Revenue	\$35,494	[<1%]
TOTAL REVENUE	\$17,392,217**	

Operating Expenses

Aviation	\$9,339,905	[55%]
Medical Care	\$3,709,193	[22%]
Depreciation and Amortization	\$1,025,325	[6%]
Professional Fees including LifeFlight Foundation	\$818,415	[5%]
Administration	\$783,699	[5%]
Communications	\$693,097	[4%]
Insurance	\$388,836	[2%]
Interest	\$304,788	[2%]
Property Taxes	\$13,990	[<1%]
TOTAL EXPENSES	\$17,077,248	
LifeFlight Foundation contribution to aircraft made in previous fiscal year and distributed in 2021	\$5,046,495	
LifeFlight Foundation contribution to medical equipment to support new medical equipment and simulation labs	\$610,046	

\* Contribution from the LifeFlight Foundation to support operations and COVID expenditures  
\*\* End of year financial report net of bank indebtedness

Randolph	Shapleigh	Stockton Springs	Tenants Harbor	Waite	Westport Island
Rangeley	Sherman	Stoneham	Thomaston	Wallagrass	Whitneyville
Ripley	Shirley Mills	Stonington	Thorndike	Walpole	Wilton
Rome	Smithfield	Stow	Topsfield	Washington	Windham
Roque Bluffs	Solon	Stratton	Trenton	Waterford	Windsor
Roxbury	Sorrento	Sumner	Upton	Weld	Winn
Searsmont	Springfield	Swans Island	Vanceboro	Wellington	Winter Harbor
Searsport	Springfield	Swanville	Veazie	West Baldwin	Woolwich
Sebago	Stacyville	Sweden	Vinalhaven	West Newfield	Reed Plantation
Sedgwick	Stockholm	Temple	Waite	Weston	York

## LIFEFLIGHT FOUNDATION

Dispatches is a publication of The LifeFlight Foundation, which provides fundraising and public relations support to LifeFlight of Maine, the state's only medical helicopter service.

The LifeFlight Foundation is a nonprofit, tax-exempt organization under Section 501 (c)(3) of the Internal Revenue Service Tax Code. It is governed by an elected board of trustees who represent medical, business, legal, and educational fields throughout the state. The Foundation also supports the development and funding of Maine's major air medical needs, such as trauma training statewide; construction of hospital helipads; and installation of weather reporting, navigational, and communications systems.

**The Foundation's office is located in the town of Camden at 13 Main Street, 2nd floor.** You can reach us at 207-230-7092 or by email at [info@lifeflightmaine.org](mailto:info@lifeflightmaine.org).

Donations are tax-deductible.

## FOUNDATION STAFF

**Kate O'Halloran**  
Executive Director

**Brian Allenby**  
Director of Communications

**Anna Dugal**  
Director of Development

**Rene Johnson**  
Development Associate

**Ashley MacMillan**  
Director of Annual Giving

**Holly Miller**  
Senior Development Officer

## LIFEFLIGHT OF MAINE

LifeFlight of Maine is a nonprofit statewide critical care medical helicopter service jointly owned by Northern Light Health and Central Maine Healthcare Corporation. LifeFlight's airplane and three helicopters are based in Bangor, Lewiston, and Sanford, and are operated by SevenBar Aviation. Along with dedicated ground ambulances, these vehicles cover the entire state and offshore islands. LifeFlight complements and supports the work of local EMS and hospital personnel in caring for the critically ill or injured. Each base is staffed by a highly qualified team of pilots, mechanics, flight nurses, and paramedics. More than 33,000 patients have been safely transported since LifeFlight's founding in 1998. LifeFlight was fully re-accredited by the Commission on Accreditation of Medical Transport Systems in 2019.

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Dispatches is published by The LifeFlight Foundation for friends, supporters, and members of the state's Emergency Medical Services community. Comments and suggestions may be directed to the Foundation at Phone: **207-230-7092** Email: [info@lifeflightmaine.org](mailto:info@lifeflightmaine.org)



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